



Tél : 04-74-57-98-41

# UTILISATION SALLE ARCADES 2024/2025

| HEURE | LUNDI                       | MARDI                 | MERCREDI                   | JEUDI                            | VENREDI                       | SAMEDI                       | DIMANCHE |  |  |  |
|-------|-----------------------------|-----------------------|----------------------------|----------------------------------|-------------------------------|------------------------------|----------|--|--|--|
| 08:00 | ENTRETIEN                   |                       |                            |                                  |                               |                              |          |  |  |  |
| 08:45 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 09:00 |                             |                       |                            | CLUB 1000 LOISIRS<br>09H00-12H00 |                               | YOGA PLENITUDE<br>8h45-10H45 |          |  |  |  |
| 09:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 10:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 10:45 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 11:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 11:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 12:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 12:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 13:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 13:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 14:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 14:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 15:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 15:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 15:45 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 16:00 |                             |                       |                            |                                  | RESERVE MAIRIE<br>16H00-19H30 |                              |          |  |  |  |
| 16:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 16:45 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 17:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 17:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 18:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 18:15 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 18:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 19:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 19:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 20:00 | SPORTITUDE +<br>20H00-21H00 | MOTAMO<br>20H00-22H30 | UP TO SENSE<br>20H00-22H30 | ATELIER YOGA<br>18h15-19H30      | RESERVE MAIRIE<br>16H00-19H30 |                              |          |  |  |  |
| 20:15 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 20:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 21:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 21:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 22:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 22:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 23:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 23:30 |                             |                       |                            |                                  |                               |                              |          |  |  |  |
| 00:00 |                             |                       |                            |                                  |                               |                              |          |  |  |  |